

Robert True, MD, FACOG, AACS

Dr Robert True is a specialist in aesthetic procedure to improve your appearance and was originally trained to perform Liposuction through programs sponsored by the American Academy of Cosmetic Surgery. His experience and skill now enables him to train physicians through courses sponsored by the American Academy of Cosmetic Gynecologists. In addition to his Board Certification, Dr True has been featured in the "Top Docs" section of Fort Worth Magazine, as well as Empire's "Who's Who in Medicine." He is an active member in a number of prestigious medical organizations, including the American Academy of Cosmetic Surgery and the American Medical Association, Fellow in the American College of Obstetrics and Gynecology, Physician Instructor Body Contouring, Preceptor for SmartLipo and Tumescant Liposuction, American Academy of Cosmetic Surgery, American Society of Lipo-Suction Surgery, American Academy of Cosmetic Gynecologists, American Society for Laser Medicine and Surgery, American College of Obstetrics and Gynecology.

His in-depth experience as a gynecologists has prepared him well to become one of the leading female medicine specialists in Texas.

Dr True received his medical degree from the University of Nevada, Reno, where he graduated with honors. He then completed his internships at the Charity Hospital in New Orleans under the acclaimed Tulane University program. As an advocate, he improved the health of his patients. Dr True has designed a weight-loss and fitness program.

Harold Bafitis, DO, MPH, FACOS, FAACS

Dr. Harold Bafitis graduated with Honors from the University of Maryland, College Park. He obtained a Masters degree in Public Health from the University of Texas School of Public Health., Houston Health Science Center, Houston Texas. Dr. Bafitis earned his medical degree Cum Laude, from the North Texas State University Texas College of Osteopathic Medicine.

Dr. Bafitis completed a full 5 year general surgery residency at Grandview Medical Center, Dayton Ohio, affiliated with Ohio University's Medical School. He is BOARD CERTIFIED IN GENERAL SURGERY. He then completed his 2 year training in Plastic and Reconstructive Surgery at The Plastic Surgery Institute and affiliated Hospitals in Cincinnati, Ohio.

Dr. Bafitis is BOARD CERTIFIED IN PLASTIC SURGERY and has achieved the coveted title of FELLOW (FACOS) in the College of Surgeons. In 1984 Dr. Bafitis was honored by being selected to be a plastic surgery board member to the American Osteopathic board of Surgery. He is responsible in maintaining the high standards in testing and certifying other plastic surgeons in the United States. He is also a Clinical Associate Professor of Surgery at Nova University/ Southeastern College of Osteopathic Medicine.

Dr. Bafitis has contributed to many medical publications and lay groups about all aspects of Plastic Surgery. He has hosted numerous scientific programs in West Palm Beach, providing specialized training for other plastic surgeons from across the country.

Dr. Bafitis is BOARD CERTIFIED IN PLASTIC SURGERY, while focusing his practice to Plastic and Cosmetic Surgery, he is also BOARD CERTIFIED IN GENERAL SURGERY.

In the year 2000 Dr. Bafitis was chosen to be CHAIRMAN of the American Osteopathic Board of Surgery; inclusive of all the boards' sub-specialties in surgery for the United States.

Dr. Bafitis was recently honored with the National Humanitarian Award for his volunteer work done here and in South America over the last 17 years, and he was the youngest surgeon to deliver the coveted "charge to the new surgeons" speech this past fall at the American College of Osteopathic Surgeons conclave.

Neil C. Goodman, MD, FACOG, FAACS

He is a Board Certified Surgeon, who is a Fellow of the American Academy of Cosmetic Surgery and the American College of OBGYN.

He is also a member of the BOTOX® Physician Providers Network, the American Society for Lasers in Medicine and Surgery, the Liposuction Surgery Society, the American Academy of Aesthetics in Medicine, the American Academy of Cosmetic Gynecologists, and the American College of Phlebology. Dr. Goodman is the founding member of a new society, the American Academy of Cosmetic Gynecologists, www.aaocg.org . which teaches office based cosmetic procedures to gynecologists and other specialties as well. He is a National Faculty speaker for Allergan Inc., the manufacturer of Botox® Cosmetic. He is also a lecturer for two prominent laser companies, Palomar Technologies and Alma Lasers, and he obtains state of the art laser technology in his office for use with his patients.

Martin C. Hyman, MD, FACOG

Dr. Hyman is board certified in Obstetrics and Gynecology and a fellow of the American College of Surgeons. He is a member of numerous gynecological societies, a Fellow of the American Academy of Cosmetic Surgery and the American Society of Aesthetics and Mesotherapy. He is Chief of Gynecology at Union Hospital, Union, NJ. He is skilled in advanced laparoscopic surgery, incontinence procedures and has developed an office based liposuction and tummy tuck practice.

Dr Hyman is a member of the American Academy of Cosmetic Gynecologists and the International Society of Cosmetogynecology. He is a lecturer at their annual and local meetings. He and Dr Goodman have been recognized for their skills and leadership by being designated the east coast teaching center. Together they teach new doctors cosmetic procedures during their 2 day seminars.

Dr Hyman has received special training in tummy tucks and specializes in combining, with liposuction, a revolutionary method of recreating a youthful, slim waist in an office setting.

Haneef N. Alibhai, Bsc, MD, CM, CCFP

Dr. Haneef Alibhai graduated from McGill Medical School in Montreal, Canada. He is currently the medical director of **md** cosmetic & laser clinic in Abbotsford, BC, Canada and the director of training of **md** cosmetic & laser training. His main interests lie in the fields of lasers, pulsed light devices, Botox Cosmetic and Therapeutic and Cosmetic Fillers.

Dr. Alibhai is the President of the Canadian Association of Aesthetic Medicine. He is a fellow of the American Society of Laser Medicine and Surgery. He is a faculty member of the Pan American College of Aesthetic Medicine and the National Procedures Institute. He is a member of the Scientific Advisory Boards of emed Inc. and Suracell Inc.

Dr. Alibhai has been a keynote speaker at conferences organized by the International Union of Aesthetic Medicine, the French Society of Aesthetic Medicine, the Italian Society of Aesthetic Medicine, the Argentinean Society of Aesthetic Medicine, the Mexican Society of Aesthetic Medicine, the American Academy of Aesthetic Medicine, the Dubai Dermatology Association, the Asia Pacific Society of Aesthetic Medicine and the American Academy of Anti-Aging Medicine. He has written articles for Aesthetic Trends & Technologies, Aesthetic Buyers Guide, Healthy Aging and several other aesthetic magazines and journals. He is on the editorial board of Healthy Aging Magazine. Dr. Alibhai is the Western Canadian Physician Trainer for Botox Cosmetic and various injectable fillers. He also trains and speaks to physicians throughout the world on topics in aesthetic medicine.

Anil K. Gandhi, MD

Dr. Anil K. Gandhi, Medical Director of Wildwood Surgical Group, has been practicing general surgery for over 30 years. A graduate of the University of Bombay, in India, he began his residency in the United States in 1971, where later, he would become the Medical Director for five clinics in the Hispanic community.

Now, dedicating his knowledge to Cosmetic Surgery, he has implemented a unique surgical technique for safer, more affordable cosmetic surgery. For all of his cosmetic surgeries, he uses tumescent (local) anesthesia. Using this technique, the patient is awake and can see and participate in the final outcome of his/her surgery. His patients walk out of the office twenty minutes after completion of their aesthetic surgery and without the side effects of general anesthesia, whether it be a breast augmentation or a liposuction.

The tumescent technique was developed in 1985. This technique uses large volumes of a dilute solution of lidocaine, a local anesthetic, in combination with the vasoconstrictive drug epinephrine, which shrinks capillaries. Local anesthesia used in the tumescent technique for liposuction and other surgeries, is so effective that patients no longer need intravenous sedatives, narcotic analgesics, nor general anesthesia. This technique is now considered the safest form of many cosmetic surgeries since there is no blood loss. Not only has the tumescent technique proven to be safer than the standard technique using general anesthesia, but it also has proven to be less painful, has minimized post operative recovery time, and has produced optimal cosmetic results.

With the tumescent technique infiltrating the local anesthesia is associated with minimal discomfort. Once the area has been completely numbed, surgery in the area is essentially painless. In addition, because the local anesthesia persists in the treated area for more than 12 hours, there is no pain immediately after the surgery. Eliminating general or intravenous anesthesia has made cosmetic procedures safer and easier for the patient as the after-effects of anesthesia are also eliminated.

The surgical fees are typically lower than those done under general anesthesia, as there are no anesthesia fees. Also, this method also results in markedly reduced or no bleeding. Dr. Anil K. Gandhi, has performed many successful surgeries using this method, and is one of the few physicians in the country who offers cosmetic surgery with this technique. It is so rare, that many physicians all over the United States are now visiting Dr. Anil K. Gandhi's facility in Cerritos, California, to receive first hand training for this unique method.

Dr. Anil K. Gandhi performs Face-lifts (feather lift), liposuction/lipo-sculpture, tummy tuck, fat-transfer, and various other procedures using this local anesthesia technique. You can find Dr. Anil K. Gandhi at his Cerritos office, where the atmosphere is friendly and relaxing, always eager to answer any concerns or questions you may have.

Todd K. Malan M.D. FACOG-Board Certified

Recently Dr. Malan was the key note speaker on Smartlipo™ for the American Academy of Cosmetic Surgery annual meeting.

Dr. Malan is also a National Trainer and Speaker for Vaser Institute, Wells Johnson as well as Cynosure® and the lead physician and researcher for the Smartlipo™ Institute.

As Director of the Smartlipo™ Institute of Scottsdale, Arizona, Todd K. Malan, M.D. has performed more Smartlipo™ procedures than any surgeon in the United States. Doctors travel from throughout the country to be trained by Dr. Malan on this procedure.

Todd Malan, M.D. founded the Innovative Cosmetic Surgery Center in an effort to assist patients in understanding how advances in minimally invasive surgical techniques could provide safer and more reliable options to traditional surgery. As part of that mission he received further advanced training body Laser liposculpturing and in Laser Vaginal Rejuvenation and Designer Laser Vaginoplasty. These new and exciting body contouring and rejuvenation procedures provide our patients with the opportunity to eliminate difficult fatty areas, to correct functional problems that prevent a healthy sex life and improve self image. The newly formed Innovative Cosmetic Surgery Center along with the Innovative Cosmetic Surgery Center is proud to finally empower our patients with knowledge, choice, and alternatives.

Dr. Malan is an Associate of the American Academy of Cosmetic Surgery and a National Physician Trainer for [Smartlipo™](#)

Dr. Malan received his Bachelors Degree from Brigham Young University where he was an All American Scholar. He graduated in the top 10% of his class and with Honors from the University of Arizona College of Medicine in May 1993. He then completed a Surgical Internship followed by the completion of residency at Walter Reed Army and Bethesda Naval hospitals in Washington, D.C.

Dr. Malan has held academic positions at the Uniformed Services University, Georgetown, and George Washington Universities. He is published and a frequent presenter at various lectures on the use of innovative technologies in medicine.

Dr. Malan has received advanced training in minimally invasive gynecologic, urologic, and cosmetic procedures. He routinely performs advanced procedures such as Laser/ Smartlipo™, Vaser LipoSelect Liposuction, Laser Vaginal Rejuvenation, Laser Reduction Labioplasty, Laser Hymenoplasty, Laparoscopic Band-aid Supracervical Hysterectomies, Stop The Flow Endometrial Ablations, No Incision Essure Tubal Ligation, Outpatients Bladder/Vaginal Suspension and Incontinence Correction.

Denise L. Baker, MD, FACOG, FAACS

Denise L. Baker, M.D., FACOG, FAACS, is a national and international physician trainer in cosmetic surgery. Dr. Baker appeared on numerous television and radio programs including CBS's "The Early Show" with Harry Smith. She has also appeared with Dr. Joyce Brothers.

Dr. Baker was selected to be a panelist during the "National Town Hall Healthcare" meetings Hosted by HHS Secretary, Tommy Thompson.

As a panelist for the President's "National Healthcare" meetings, she was selected to provide her medical opinions and perspectives to President Bush. The President and First Lady invited her to be an Honored Guest during the 2003 "State of the Union Address" representing the AMA and ACOG.

Born in Long Island, NY, the daughter of a career Navy Captain/Surgeon she lived in Florida, Texas, Cuba, Hawaii, Italy, South Carolina, North Carolina, Ohio, Pennsylvania, Maryland, and Massachusetts. Dr. Baker received both her Bachelor of Arts degrees and Master of Science degrees in Audiology and Speech Pathology from the Florida State University. Further, she studied Architecture at the University of Florence, Italy.

Dr. Baker returned to Florida State University to further her education in medicine and subsequently obtained her Bachelors degree in Biology. She received her Medical Doctorate degree from the University of Florida. Dr. Baker completed her internship and residency training in Obstetrics and Gynecology at the University of Kentucky and subsequently obtained her board certification in Obstetrics and Gynecology. Dr. Baker founded Manatee Women's Health, P.A. in Bradenton, Florida and later founded Baker Medical Arts & Wellness Institute (Medical Spa).

Dr. Baker is an expert in Cosmetic Vaginal Surgery (CVS). She is a faculty member of The American Academy of Cosmetic Gynecologists. Dr. Baker is a pioneer of this procedure having first performed such procedures in the late 1980's to meet the needs of her female NCAA athlete patients. Now common, these procedures have been featured on the "Oprah Winfrey Show", "Dr. 90210" and "Plastic Surgery Before & After". Dr. Baker outlined the benefits of this surgery on the television program "Healthbeat of America."

Red M. Alinsod, MD, FACOG, FACS, ACGE

Dr. Red Alinsod was one of the very first surgeons in the United States to perform the innovative, safe, and efficacious “trans-obturator tape” incontinence sling and Posterior IVS vaginal suspension. He has also pioneered techniques in aesthetic vaginal surgeries that are both functional and cosmetic in nature.

Dr. Alinsod graduated from Loma Linda University School of Medicine in 1986 and completed his OB/GYN residency at Loma Linda University Medical Center in 1990. His focus in those early years was pelvic surgery. He was the first Rutledge Fellow at MD Anderson Cancer and Tumor Institute and was also selected as a Galloway Fellow at Memorial Sloan Kettering Medical Center.

Red was accepted to Yale’s Gynecologic Oncology fellowship but was unable to attend due to a military commitment with the US Air Force during this time of global strife. His career took a 180 degree turn as he headed the Gynecologic Services at George Air Force Base, CA, and Nellis Air Force Base, NV, as he concentrated on benign gynecology, urogynecology, and pelvic surgery. He was affectionately called a “Combat Gynecologist” by his colleagues. He was the first one to achieve the Accreditation Council of Gynecologic Endoscopy in Nevada. He left the Air Force as a Major in 1994 and joined Facey Medical Group in Southern California.

Red is very active in presenting talks locally and nationally and in teaching physicians the art and science of incontinence/pelvic reconstructive surgery. Red’s focus on pelvic surgery to improve patient lives has led to innovations and inventions that will have a major impact on how pelvic reconstructive surgery is performed worldwide.

Dr. Alinsod’s focus is on providing the highest quality of care to his patients in a compassionate and trustworthy manner. He is absolutely thrilled to be part of the South Coast family. He welcomes your correspondence and inquiries.

Richard Goldfarb, MD, FACS

Richard M. Goldfarb, M.D. FACS graduated from University of Health Sciences / Finch University The Chicago Medical School with top honors in Surgery. He completed his surgical training at Northeastern Ohio College of Medicine. He did additional training in cosmetic surgery at the University of Pennsylvania, Department of Plastic Surgery. He also trained at prestigious Yale University. He has 20 years of surgical experience, including liposuction, and has been performing Smartlipo since its inception. He was the first in Pennsylvania to receive the Smartlipo technology and has performed the most procedures in this area.

Dr. Goldfarb is board certified and a Fellow of the American College of Surgeons. He is a member of the American Academy of Cosmetic Physicians. In view of his skill in performing this procedure, Cynosure has commissioned Dr. Goldfarb to travel throughout the country teaching and training other physicians.

Robert Keller, MD

Robert Keller, M.D. is the Founder and Medical Director of the Keller Skin & Body Institute located in Pebble Beach and Monterey, California. He began his distinguished career in medicine over 35 years ago.

Residency trained as a trauma physician and surgeon, he began repairing damaged skin in the late 1970s while doing post-doctorate research in the then new and emerging field of laser skin therapy.

Accredited as an expert in the field of cosmetic laser therapy and anti-aging medicine, Dr. Keller has trained the world's most renowned physicians and medical providers in the art and science of cosmetic, non-ablative skin repair. Dr. Keller's practice has always reflected his combined passion for anti-aging medicine with state-of-the-art laser and pharmaceutical skin restoration. Dr. Keller's television segments "Youthful Aging with Dr. Keller" and his national lectures promote both cosmetic medicine in the United States and abroad. His patient list includes many of the most celebrated names in sports, entertainment and business.